


# RAYA

## ROCHESTER AREA YOUTH ASSISTANCE

A nonprofit organization serving the Rochester community for decades, our passion at RAYA is to strengthen youth and families and reduce delinquency.

# Rochester Hills City Council
# November 9, 2026



## financial assistance

Parents may apply for help covering student expenses such as sports, lessons or tutoring



## counseling

Voluntary, confidential, professional short-term counseling by our certified case worker



## family education

Workshops, guest speakers and classes addressing current issues facing our youth

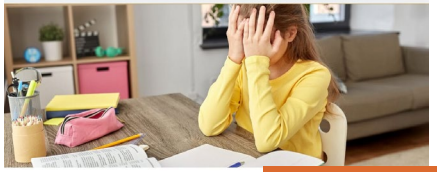
# Every service we provide is free or low-cost.

# Family Education Programs

WHAT YOU NEED TO KNOW ABOUT

## How to Help Kids and Teens Cope with Stress

*(and how to not inadvertently make it worse!)*



**Speaker: Diana R. Jenning**

*Clinical Behavior Psychologist and Clinical Director - Pe*
*Heron Ridge Associates, Oakland Psyc*

Learn:

- How to avoid reinforcing anxious beha
- How to manage behavioral issues with
- How to build resiliency skills in your ch

**Tues, Sept. 30,**
**Rochester Hills Public**

BROUGHT TO YOU BY ROCHESTER AREA YO

QUESTIONS? CONTACT US AT RAYA@ROCH

## Meet Me Where I'm At

Addressing the Impact of Trauma Across the Lifespan




**Speaker: Laura Azoni, LMSW-Clinical**

*Join licensed clinician Laura Azoni in exploring*
*how trauma can impact a child throughout their li*
*d how we can support them in these different life s*

**Thursday, Nov. 13, 7 P**
**Rochester Hills Public Library**

**FREE! Register online at rhpl.org/events**

**Brought to you by Rochester Area Youth Assistance**

Questions? Contact Us at raya@rochester.k12.mi.us

WHAT YOU NEED TO KNOW ABOUT

## Water and Boating Safety

IMPORTANT CONSIDERATIONS BEFORE GOING OUT ON THE WATER



*Deputies from the Oakland County Sheriff's Department will cover essential tips and guidelines to ensure a fun and secure experience on the water. Learn about proper life jacket usage, navigation rules, and other crucial safety measures to enjoy your boating adventures responsibly.*

**Tuesday, May 12, 2026 7-8 PM**

**Register (FREE): raya@rochester.k12.mi.us or 248-656-3558**

Presentation will be held at the Rochester Hills Public Library

Ashleigh Iserman Boating Safety Foundation

Brought to you by the Ashleigh Iserman Boating Safety Foundation and the Oakland County Sheriff's Department with the support of Rochester Area Youth Assistance

## YOGA CLASSES

*for students grades 6-8 in the RCS district*



CLASS TIMES
*MONDAYS*
*7:15-8:00 PM*

strength
balance
meditation
mindfulness

**Sponsored by Rochester Area Youth Assistance**

**Location: University Hills Elementary School Gym**

**Instructor: Gwen Dickerson (200 hour certified!)**

**Dates: Mondays, Feb. 9, 23, March 2, 9, 16, 23**

**Only $25* for all 6 sessions! *Scholarships available**

To register, click here, use QR code, or contact us at: raya@rochester.k12.mi.us or 248-656-3558

WHAT YOU NEED TO KNOW ABOUT

## Understanding the Functions of Emotions

Emotions are powerful messengers! This presentation helps parents and teens better understand what different emotions are trying to tell us. We'll break down core emotions like sadness, anger, anxiety, shame, and joy, and explore how each one helps us navigate relationships, boundaries, and needs. By learning the purpose behind our feelings, families can build more empathy, improve communication, and support emotional growth at home.



**Speaker: Alyssa Jesselaitis, LMSW**

*Alyssa Jesselaitis is the founder of Alyssa Jesse Therapy Group, a private group practice offering specialized care across various clinical areas. Alyssa's own work focuses on eating disorders, borderline personality disorder, and trauma, with an emotion-focused and somatic lens. She is passionate about helping clients reconnect with*
*motional and physical experiences in ways that foster healing, insight, and self-trust.*

**Tues, Oct. 14, 7 PM**
**Rochester Hills Public Library**

**BROUGHT TO YOU BY ROCHESTER AREA YOUTH ASSISTANCE**

QUESTIONS? CONTACT US AT RAYA@ROCHESTER.K12.MI.US

# Camp Safari

- **8- week camp from June 15 to August 14**

  Camp Safari continued to grow and thrive, offering unforgettable experiences for campers and families.

- **Maintained popular pickup locations**

  Convenient transportation options at Northridge Apartments, Rochester Estates, and Hampton Elementary helped ensure access to camp.

- **Average of 27 campers per week**

  Totaling around 219 Camp Safari participants, an increase of over 69 campers from last summer.

- **Affordable cost of $20 per child per week**

  Allowed families to choose the weeks that worked best for them, whether it was just one or the full eight.



# 52nd Annual Youth Recognition Reception

- **29 honorees recognized**

  For their dedication and charity to the community, from elementary to high school

- **Emma Loosvelt awarded the Coats Family Memorial Scholarship**

  Donated by the Coats Family in honor of Judy Coats, a longtime RAYA supporter








# FINANCIAL *Assistance*

*is available to children K-12th grade for skill-building (sports or dance activities, classes, summer learning, etc.), camps or child care. **Parent or guardian must provide appropriate financial information to be eligible for financial assistance.*

**CONTACT US HERE:**

raya@rochester.k12.mi.us

https://www.raya-mi.org/

YOUTH ASSISTANCE

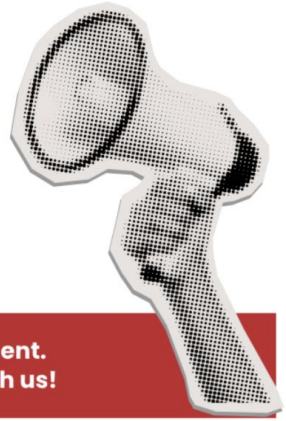
Rochester Area

Strengthening Families
Through Community Involvement

RAYA is proud to support families in need and assist them wherever possible, ensuring that all children in the community have access to enriching activities and programs.

# RAYA *has* MOVED!

New Location. New Contact Details.
***Same Support.***



**Same RAYA. Same Committment.**
**Just a NEW way to connect with us!**

YOUTH ASSISTANCE
Rochester Area
Strengthening Families
Through Community Involvement

**Please update any saved contact information!**

New Phone:
**(248) 726-3174**

New Address:
(RCS Administration Building)
**52585 Dequindre Rd.**
**Rochester, MI 48307**

email: raya@rochester.k12.mi.us

website: raya-mi.org

new fax: 248-726-3025

YOUTH ASSISTANCE

Rochester Area

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# Thank You

**Any Questions?**

raya-mi.org

raya@rochester.k12.mi.us